



10 Steps To Create Your Own Good Luck

BY SAUNDRA PELLETIER

Why do some people seem to “have it all”? They appear to move effortlessly through life. They are always in the right place at the right time, and good luck seems to be their trademark. Are they born with magnetism for success? Is their positive fate predetermined so everything they touch turns to gold? What if the reason for their success is simply their knowledge that they can create their own luck, build their own destinies, be their own heroes.

If we are completely happy with our choices and the way we live our lives, we exude a contagious, alluring energy that make others want to be around us. “Luck” continues to grow for people who already have it because they attract like-minded people.

The point is to be the person you want to attract or if you’re already in a positive personal or professional relationship, stay the person you want to maintain close ties with. Instead of blaming others for our unhappiness or lack of opportunity, we can make measurable and lasting change by creating our own luck. How?

1. Accept what you cannot control. Learn from your past mistakes, focus on what you can change for the better and start making changes *now*. This behavior attracts self-starters.
2. Pay it forward. Help, encourage and give generously to others. Since what goes around comes around, you will attract gracious people.
3. Believe that knowledge is irreplaceable. The more you learn, the more you attract those who are interested in new possibilities.
4. Practice high intention and low attachment. Believe that people mean what they say and say what they mean. If you never dwell on what others’ intentions are, you will

attract optimistic thinkers.

5. Understand that shining your brightest light doesn’t diminish others’. Being your best lifts up others so they can reach their own maximum potential. Eliminating excuses attracts people who care about results.

6. Practice conscious competence. Share and stand up for what you know you’re good at. This attracts people who value confidence.

7. Display conscious incompetence. Admit what you don’t know, and make efforts to learn. This attracts people who value humility.

8. Embrace aesthetic sensibility. Be sure to thoroughly review, support and endorse anything that bears your stamp of authorship. When you do, you will attract people who care about self-responsibility.

9. Possess leadership flexibility. Show others that you can both lead and be a member of a team. This quality attracts people who have discarded stereotypes and are comfortable allowing the best person to lead.

10. Show emotional intelligence, which includes the ability to call upon wit, charm and humor. Remember that it is more important to be interested than interesting. Showing emotional intelligence attracts people of character.

If you believe that “having it all” is possible, then this should serve as validation for your efforts at creating your own “good luck.” If you think your circumstances prevent you from realizing your dreams, follow the 10 steps above and change your own mind. **B**

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